

Wochenplan CFBB/FLBB Kader 2007
Männliche Kader

Montag				Dienstag				Mittwoch				Donnerstag				Freitag				Samstag				
Zeit	Kader	Train.	Halle	Zeit	Kader	Train.	Halle	Zeit	Kader	Train.	Halle	Zeit	Kader	Train.	Halle	Zeit	Kader	Train.	Halle	Zeit	Kader	Train.	Halle	
10h00	SW/SM	AT	Coque					10h00	SW/SM	AT	Coque		10h00	SW/SM	AT	Coque	10h00	U14 M/W	TP	INS/Cq				
12h00	SW/SM	AT	Coque					12h00	SW/SM	AT	Coque		12h00	SW/SM	AT	Coque	11h00	U14 M/W	TP	INS/Cq				
15h00	SE W	Shoot.	INS									15h00	SE W	Shoot.	INS	15h00	SE W	Shoot.	INS					
16h00	SE W	Shoot.	INS									16h00	SE W	Shoot.	INS	16h00	SE W	Shoot.	INS					
16h00	U18 M	AT	INS	16h00	U16 M	AT	INS	16h30	U16 M	TP	Coque													
17h30	U18 M	AT	INS	17h30	U16 M	AT	INS	19h30	U16 M	TP	Coque													
17h30	U18 M	TP	INS	17h30	U16 M	TP	INS	17h30	U14 M	TP	INS					17h00	U14 M	TP	INS					
19h30	U18 M	TP	INS	20h00	U16 M	TP	INS	19h30	U14 M	TP	INS					19h30	U14 M	TP	INS					
18h00	SM	AT	INS																					
19h30	SM	AT	INS					18h00	SW/SM	AT	Coque					18h00	SW/SM	AT	Coque					
19h30	SM	TP	INS					20h00	SW/SM	AT	Coque					20h00	SW/SM	AT	Coque					
21h30	SM	TP	INS																					
18h00	SM	AT	Coque					18h00	U18 M	AT	Coque													
19h00	SM	AT	Coque					19h30	U18 M	AT	Coque													
20h00	SM	TP	Coque					19h30	U18 M	TP	Coque													
	SM	TP	Coque					22h00	U18 M	TP	Coque													